



MEGHA ROY

To continuously enhance my knowledge, skills and experience by getting involved in challenging work environment and utilize them for personal and organizational growth to the best of my ability.

Experience

- **JUNE 2024 - Present**
Swami Vivekananda University I Barrackpore
Nutrition Faculty and Placement Coordinator
 - Creating and delivering lectures and study materials for nutrition B.Sc. and M.Sc. course in both online and offline mode .
 - Take classes for BBA and MBA Hotel and Hospital Administration department.
 - Ensure the placement of every student according to their field interest and capability.
- **NOV 2022 - MARCH 2024**
Tutopia Learning App I Kolkata
Nutrition Faculty
 - Develop engaging and up-to-date Higher Secondary curriculum materials for online courses in nutrition.
 - Deliver dynamic and interactive online lectures on various topics within the field of nutrition, catering to diverse learner needs and learning styles.
 - Facilitate virtual discussions, Q&A sessions, and live demonstrations to enhance student understanding and engagement.
 - Worked as an Anchor, Presenter and Coordinator.
- **Feb 2021 - Nov 2022**
Bidya Bhaban H.S. School (English medium) I Kolkata
Nutrition Teacher (10+2)
 - Worked as Nutrition teacher for class 10+2. Taught Biology, Chemistry for classes 6-10th standard.
 - Ensure that course materials, assessments, and instructional methods adhere to quality standards, accessibility guidelines and regulatory requirements.
 - Participate in course evaluations and continuous improvement initiatives to enhance the overall educational experience for students.

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20/22A, Gopal Chandra Bose Sarani, Konnagar, Hooghly. Pin-712235

EDUCATION

M.Sc in Food and Nutrition 1st Class

University of Calcutta
2017-2019

B.Ed
WBUTTEPA
2020 - 2022

B.Sc in food and Nutrition 1st Class

Viharilal College, University of Calcutta
2014 - 2017

Higher Secondary Examination First Division

2014

Madhyamik Examination First Division

2012

LANGUAGE

English

Bengali

Hindi

● **July 2020 – Jan 2021**

JSS Narendrapur Ramkrishna Mission I Kolkata

Food Preservation Course Trainer

- **Develop a comprehensive and up-to-date curriculum for food preservation courses, covering various techniques such as canning, freezing, drying, and fermentation.**
 - **Ensure that the curriculum aligns with industry standards, food safety guidelines,**
 - **Deliver engaging and informative training sessions on food preservation techniques, both in-person and through online platforms.**
 - **Provide hands-on demonstrations and practical exercises to teach participants how to properly preserve different types of food items and marketing.**
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● **Dec 2019 – March 2020**

Sarala Development and Microfinance pvt. Ltd I Kolkata

Project coordinator in Edu-Finance Project

- **Project Planning and Coordination, Documentation and Reporting**
 - **Budget Management**
 - **Risk Management**
 - **Quality Assurance**
 - **Change Management**
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● **Jan 2015 – April 2018**

Saroj Gupta Cancer Centre & Research Institute I Kolkata

Nicotine Replacement Therapy (NRT) consultant and diet professional

- **Client Assessment**
 - **Individualized Treatment Planning**
 - **Nicotine Replacement Therapy (NRT) Guidance**
 - **Smoking Cessation Education**
 - **Monitoring and Follow-Up**
 - **Professional Development**
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● **From 2014 Till Date**

Kolkata Ekatma I Kolkata (NGO)

Dietician and Field Campaigning Expert

● **Experience in teaching as a private tutor for last 9yrs.**

- **Teach Food and Nutrition Major & Minor for B.Sc. students of Calcutta University and State university.(experience more than 5yrs)**
 - **Teach class 11-12 students, Subject: Nutrition,Home Science(all boards),8-10 Biology and Chemistry(Physical science).**
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ACHIEVEMENTS & HONOURS

- **4th year completed in classical song, Chandigarh Gharana.**
- **4th year completed in classical Dance, Chandigarh Gharana.**
- **Participated in college and school level drama and received applauds. -Participated in college function as event head-coordinator with applauds**

EXTRA CURRICULAR ACTIVITIES (CULTURAL)

- Contributed significantly as a team member in organizing the college fest - Designing and hosting the events.
- Elected as the team member in the organizing committee of College festival in the year 2017-18 , 2018-19 Anchor and organizer.
- Recognized at high school as an active member of cultural activities and community service initiatives.
- Trained in classical song & Dance.
- Been an active member in the event management for all cultural events.

TRAINING & CERTIFICATION

- Certified diabetic Educator.
- Education Coordinator
- Youtube Channel management
- Attached with Kolkata Ekatma (NGO).
- Completed course of food preservation and techniques from West Bengal Council of Technical and Vocational Education and Skill Development with grade AA.
- Course done on NRT at Saroj Gupta Cancer Centre & Research Institute.

STRENGTHS

- Excellent teaching in Online and Offline mode.
- Hardworking & Friendly
- Disciplined
- Honest
- Punctual
- Multitasking

HOBBIES & INTEREST

- Teaching
- Anchoring Internet Surfing
- Youtube channel management
- Singing
- Dancing
- Playing indoor games

PERSONAL PROFILE

Father's Name: Himadri Roy

Date of birth: 16th April, 1996

Nationality: Indian

Marital status: Unmarried

DECLARATION

I hereby declare that the above mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.


(Megha Roy)
Signature